

PAGE 3

1933

Alec Freeman opens his first shoe shop in Bermondsey in London's Docklands

1953

Alec's son Lionel joins the business, eventually taking it over and expanding it to 3 shops

1992 Lewis

joins the business and starts selling gel products across the globe

1995 Simon follows and works with his father and brother to build the business

1997 Lionel sells the shoe shops and concentrates on developing gel products

2000 The gel products business is sold to a large multinational. Lionel deservedly retires to spend more time fishing!

2002 Lewis, Simon and Elliot continue a family tradition of working together and start Profoot (UK) Ltd, creating an innovative range of footcare products that are distributed to pharmacies throughout the country

2005 Lionel's first grandchild is born – Simon becomes a father

2007 Profoot starts distributing its products to UK supermarkets

2008 Profoot moves its offices to larger premises and brings its warehousing in-house

2009 The brothers employ their first member of staff to help run the warehouse

2010 Profoot distributes to over 2000 pharmacies and the UK's 4 largest supermarket chains

2012 As the business grows, more staff join the growing team at the office and warehouse in Watford as well as an external sales force across the UK & Ireland

2014 Lionel's eighth grandchild is born, all 3 brothers have been very busy over the last 9 years!

2024 Profoot goes from strength to strength adding more products to the range, totalling 69 products 3

1969
Lionel's first of
three sons Lewis,
is born. Simon
comes along in
1973 and then
Elliot in 1976

1983

Lionel opens a specialist shoe shop in Chiltern St W1 specialising in handmade footwear

1991
Lionel introduce innovative gel products to the UK designed to help with footcare problems

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COMMON FOOT PROBLEMS

Many foot problems are caused by friction and pressure from walking, standing and changes to the foot's shape. Therefore one of the key functions of a footcare device is to reduce friction and pressure. A lot of foot problems are related; especially if untreated, one problem can lead to another.





BLISTERS

A blister is a small pocket of fluid within the upper layers of the skin, typically caused by forceful rubbing (friction). Most blisters are filled with a clear fluid called serum.

However, blisters can be filled with blood (known as blood blisters) or with pus (if they become infected).

CALLUSES

A callus is a toughened area of skin which has thickened and hardened. It is the body's reaction to friction or pressure. Calluses are most commonly found under the metatarsal heads (ball of foot).

A callus is usually larger than a corn, does not have a central core; and may or may not be painful.

CORNS

A corn is a localised area of hyperkeratosis (thickening of the skin), which usually occurs over a bony prominence as a result of localised friction between the skin, the bone and footwear.

It has a visible, translucent central core which presses deeply into the skin, causing pain and sometimes inflammation.

Hard corns commonly occur on the top of the smaller toes or on the outer side of the little toe. These are the areas where poorly fitted shoes tend to rub most.

Soft corns or seed corns sometimes form in-between the toes, most commonly between the fourth and fifth toes. These are softer because the sweat between the toes keeps them moist. Soft corns sometimes become infected.



FUNGAL NAIL

Onychomycosis is a fungal infection ("mycosis") of the nail ("onycho") that affects fingernails and toenails. The disease is mainly caused by dermatophytes such as Trichophyton Rubrum and Trichophyton Mentagrophytes, which together account for more than 93% of all infectious organisms involved in onychomycosis.

These organisms feed on keratin, one of the nail components. It is a very common foot complaint thought to affect up to 25% of the adult population at any one time.

Fungal nail infection is an unsightly condition causing embarrassment for sufferers. It is a condition that does not resolve by itself – treatment is necessary. Without treatment the infection can cause pain and will generally become worse (causing the nail to crumble), spread to other areas of the nail/foot, and infect other people. Patients with diabetes could develop complications.



INGROWING NAIL

An ingrowing nail grows so that it cuts into one or both sides of the nail bed. Ingrowing toenails are one of the most common foot problems. The condition can be very debilitating often resulting in people limiting their activity as they are in so much pain.

Ingrowing toenails are often caused by the incorrect trimming of nails, cutting nails too short or snipping down the sides, resulting in nails growing and piercing into the surrounding skin, causing soreness and swelling, and often infection.

Because more serious complications can develop, ingrowing nails often require prompt professional attention by a qualified podiatrist.



FOOT ODOUR

The main cause is sweating. Excessively sweaty feet is a complaint known as Hyperhidrosis. The foot has 250,000 sweat glands, therefore feet tend to perspire more than other parts of the body. Sweat itself is odourless, but it creates an environment for bacteria to grow and produce unpleasant odours. Odour is often created when sweating increases and shoes and socks have inadequate ventilation for many hours.

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HAMMER TOE OR CLAW TOE DEFORMITY

A hammer toe occurs when the toes become bent at the first joint, raising the toe and making it more prominent. Often the raised toe will rub against the shoe. This can affect any number of the middle toes. In some cases, a bursa (rather like a deep blister) is formed over the joint and this can become inflamed (bursitis). With time, hard skin or corns can form over the joints or at the tip of the toe. These toe deformities can mean that extra stress is placed on the ball of your foot, which can lead to metatarsalgia.



BUNIONS (HALLUX VALGUS)

A bunion is a deformity of the base joint of the big toe or less commonly at the little toe joint, known as a Tailor's Bunion. There is often thickening of the skin and tissues next to the affected joint. The thickened skin and tissues may become inflamed, swollen and painful.

Sometimes a fluid filled sac (bursa) develops over the joint. Pressure from the first toe then affects the other toes, which become crowded, leading to deformity of the toes (Hammer Toe) and callus formation.

The condition is four times more common in females and the incidence increases with age. Extra stress is put on the ball of the foot because of the bunion and this can lead to metatarsalgia – pain under the heads of the metatarsal bones (the forefoot).



PLANTAR FASCIITIS

The plantar fascia is a fibrous band that stretches between the heel and the base of the toes

It helps to maintain the structure and shape of the foot. This can often be the cause of severe heel pain. Plantar fasciitis causes small tears to appear at the heel, which can become inflamed and extremely painful.

Typically, pain is felt first thing in the morning after getting out of bed but recedes after around 30 minutes as the band is stretched and the swelling is reduced. Pain can also be felt under the arch of the foot after prolonged walking or standing.

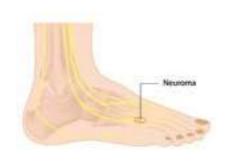
Plantar fasciitis is more likely if you have:

- Suddenly become more active (you have begun an exercise programme, for example)
- Weight problems
- High arches
- Flat feet



HEEL SPUR – HEEL PAIN

A heel spur is a hook of bone that can form on the heel bone (calcaneus) and is associated with plantar fasciitis. The heel spur itself is not thought to be the primary cause of pain, rather inflammation and irritation of the plantar fascia is thought to be the primary problem. A heel spur diagnosis is made when an x-ray shows a hook of bone protruding from the bottom of the foot at the point where the plantar fascia is attached to the heel bone.



MORTON'S NEUROMA

This is sometimes called Morton's Metatarsalgia. It is a condition that affects one of the nerves that runs between the metatarsal bones in the foot (the plantar digital nerves). The nerves become irritated or compressed and the following symptoms could arise – pain, burning, numbness and tingling between two of the toes of the foot. Eventually this could lead to cramp in the toes and a sharp shooting or burning pain on the ball of your foot.

The pain could be made worse when footwear presses on the affected area when you are walking.

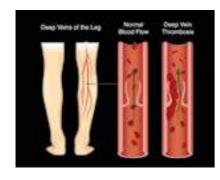


METATARSALGIA – BALL OF FOOT PAIN

Metatarsalgia is the name given to pain in the front part of your foot under the heads of your metatarsal bones (the ball of your foot). This discomfort sometimes feels like you are walking on stones, sometimes it can be a vague pain or a burning feeling, or it can be more localised around one or two toes.

This condition can be caused by wearing high-heeled shoes, being overweight, certain foot shapes, or by claw or hammer toes.

DEEP VEIN THROMBOSIS (DVT)



Deep vein thrombosis (DVT) occurs when a blood clot forms in the deep veins, typically in the legs. If the clot dislodges and travels to the lungs, it can cause a pulmonary embolism, a serious complication. DVT symptoms include swelling, pain, and redness in the affected leg. Compression socks are an effective prevention method, applying gentle pressure to improve blood flow and reduce clot formation by preventing blood from pooling. They are especially useful for those immobile for long periods, such as during flights or bed rest, and for individuals with risk factors like obesity, pregnancy, or a history of DVT. Regular use during high-risk activities can greatly lower the chances of developing DVT.

ATHLETE'S FOOT

Athlete's foot, also known as tinea pedis, is a common fungal infection that affects the skin on the feet. It is caused by dermatophytes, a group of fungi that thrive in warm, moist environments such as changing rooms, showers, and around swimming pools. The condition typically manifests as a red, itchy rash, often beginning between the toes and spreading to other parts of the foot. Symptoms may include peeling, cracking, and scaling of the skin, accompanied by a burning or stinging sensation. Athlete's foot is contagious and can be spread through direct contact or by sharing contaminated surfaces or items like shoes and towels. Treatment usually involves antifungal creams, sprays, or oral medications, and maintaining proper foot hygiene is crucial to prevent recurrence.



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COMMON FOOT PROBLEMS SOFT GEL

PRONATION OR FLAT FEET

Most people's feet are arched on the inner side; the height of this arch (which develops between the ages of 3 and 10) varies from one person to another. If you have a low arch or no arch, it is often called flat feet or fallen arches where the foot may over-pronate.

Normal pronation, or "rolling inward" of the foot, is necessary as the foot adapts to the ground. With excessive pronation or over pronation, the arch, flattens and collapses, and soft tissues stretch.

This causes the joint's surfaces to function at unnatural angles to each other. When this happens, joints that should be stable, now become very loose and flexible.

Symptoms of Excess Pronation

Symptoms can manifest in many different ways. The associated conditions depend on the individual lifestyle of each patient. Here is a list of some of the conditions associated with excess pronation:

- Arch pain
- Hallux valgus (bunions)
- Hallux rigidus (stiff first toe)
- Metatarsalgia (ball of foot pain)
- Heel pain (plantar fasciitis)
- Ankle sprains pain
- Achilles tendonitis
- Corns & callusesHammer toes
- Shin splints
- Knee pain



CRACKED HEEL

Cracked heel, also known as heel fissures, is a common problem caused by dryness of the skin, and an accumulation of dead skin. Over time it may cause pain and irritation.

For many people, cracked heels are a nuisance and are unsightly, but when the cracks are deep, skin can bleed and can be extremely painful. In severe cases, cracked heels can become infected.



VERRUCAS

Verrucas, or plantar warts, are small, rough growths on the soles of the feet caused by the human papillomavirus (HPV). They can be painful and often have black dots in the centre. Commonly spread in communal areas like swimming pools, verrucas spread through direct contact. Treatments include salicylic acid, cryotherapy, or laser therapy. Preventive measures include wearing flip-flops in public showers and keeping feet clean and dry.

MONEY BACK GUARANTEE

We use one of the most powerful marketing tools in the sale of many of our products – removing the buying risk from customers by offering a Money Back Guarantee. This allows them to try the product and know that if it is not suitable, we will refund the full retail price to them – no questions asked.

We are proud to say that less than .007% (7 in 100,000) of our products are returned.

What's more, this guarantee does not involve the retailer at all, apart from helping to increase sales.



External friction, pressure and shearing forces are the cause of many foot problems. Our Soft Gel has all the properties needed to relieve or to reduce these causes, providing relief from pain for many of your customers' foot complaints.

Soft Gel is a tri block polymer gel made with pure medical grade mineral oil. The gel is used in many areas of healthcare including footcare, prosthetics, scar and burn management and pressure sore prevention. It has the following benefits:



1. Friction Reduction

As the gel's opposing surfaces move separately from each other, friction is dramatically reduced.



2. Pressure Relief

The gel has the ability to redistribute downward pressure sideways, providing excellent pressure relief to the body.



3. Moisturising

The gel contains a pure medical grade mineral oil – helping to keep the skin soft and supple. This reduces hard callused skin, helping to prevent calluses forming and breaking down corns.



4. Adaptable

As our gel conforms to whatever shape or surface contour it comes into contact with, it provides excellent protection and cushioning for all areas of the foot.



5. Value

The gel is washable and reusable; while retaining all of its benefits, the products last far longer than traditional padding material, offering excellent value for money.



All products that contain Soft Gel are indicated by this symbol.



6. Variable Size

Many of the products are elasticated and one size often fits all; most products can be trimmed to size.

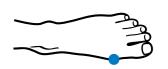


7. Used By Professionals

These products are used by Chiropodists and Podiatrists worldwide.



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BUNIONS

| Gel Tube | 15 |
|--------------------------|----|
| Chiropody Felt | 21 |
| Chiropody Felt XL | 21 |
| Multi-use Gel Padding | 21 |
| oe Foam | 22 |
| Moleskin Comfort Padding | 23 |
| oe Spreader | 24 |
| Bunion Guard | 24 |
| Bunion Protector | 24 |
| Gel Bunion Sleeve | 25 |
| Bunion Cushions | 25 |
| | |
| | |



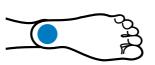
CORNS

| 15 | Corn Wraps | 12 |
|----|------------------------------|----|
| 21 | Corn Wraps XL | 12 |
| 21 | Corn Removal Plasters | 13 |
| 21 | Corn Cushions | 13 |
| 22 | Moisturising Corn Plasters | 13 |
| 23 | Corn & Callus Trimmer | 14 |
| 24 | Corn & Callus Trimmer Blades | 14 |
| 24 | Gel Tube | 15 |
| 24 | Toe Separators | 15 |
| 25 | Toe Protector | 15 |
| 25 | Multi-use Gel Padding | 21 |
| | Toe Foam | 22 |
| | | |



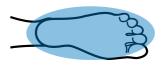
BLISTERS

| Blister Plasters Medium Size | 19 |
|------------------------------|----|
| Blister Plasters Extreme | 19 |
| Blister Plasters Mixed Pack | 19 |
| Chiropody Felt | 21 |
| Chiropody Felt XL | 21 |
| Multi-Use Gel Padding | 21 |
| Heel Snugs Heel Grips | 22 |
| Moleskin Comfort Padding | 23 |
| | |



CALLUSES/HARD SKIN

| Corn & Callus Trimmer | 14 |
|------------------------------|----|
| Corn & Callus Trimmer Blades | 14 |
| Callus Cushions | 14 |
| Toe Separators | 15 |
| Chiropody Felt | 21 |
| Chiropody Felt XL | 21 |
| Multi-use Gel Padding | 21 |
| Toe Foam | 22 |
| Moleskin Comfort Padding | 23 |
| 360 Foot File | 28 |
| Long Handle File | 29 |
| Hard Skin Remover | 29 |
| Micro File Foot File | 29 |
| Moisturising Foot Socks | 30 |
| | |



FOOT DISCOMFORT

| | 14 | All-day Comfort Insoles | 16 |
|-------|----|-------------------------------|----|
| lades | 14 | Gel Insoles | 17 |
| | 14 | Double Cushion Insoles | 17 |
| | 15 | Heel Pain Gel Max Cushions | 18 |
| | 21 | 3-Zone Orthotics | 18 |
| | 21 | Heel & Arch Orthotics | 18 |
| | 21 | Multi-use Gel Padding | 21 |
| | 22 | Heel Snugs Heel Grips | 22 |
| ng | 23 | Moleskin Comfort Padding | 23 |
| | 28 | Massage Ball | 23 |
| | 29 | | |



METATARSALGIA / BALL OF FOOT PAIN

| 3-Zone Orthotics | 1 |
|------------------------------------|---|
| Toe Beds Ball of Foot Cushions | 2 |
| Gel Ball of Foot Cushions | 2 |
| 24 Hour Feet Ball of Foot Cushions | 2 |



HAMMER TOES

| Gel Tube | 15 |
|---------------|----|
| Toe Protector | 15 |
| Toe Foam | 22 |
| Toe Support | 26 |
| | |



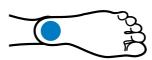
OVERLAPPING TOES

| Toe Protector | 15 |
|------------------|----|
| Toe Separators | 15 |
| Toe Spreader | 24 |
| Toe Straightener | 26 |
| | |



TOUGH NAIL

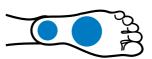
| 360 Nail Clipper | 31 |
|--------------------|----|
| Foot and Nail File | 31 |
| Toenail Nipper | 31 |
| | |



Cracked Heel Cream

HEEL SPUR / HEEL PAIN

| Gel Insoles | |
|----------------------------|--|
| Heel Pain Gel Max Cushions | |
| 3-Zone Orthotics | |
| Heel & Arch Orthotics | |
| | |



PLANTAR FASCIITIS

| 17 | Gel Insoles | 17 |
|----|----------------------------|----|
| 18 | Heel Pain Gel Max Cushions | 18 |
| 18 | 3-Zone Orthotics | 18 |
| 18 | Heel & Arch Orthotics | 18 |
| | Massago Pall | 22 |



MORTON'S NEUROMA

| Toe Beds Ball of Foot Cushions | 27 |
|------------------------------------|----|
| Gel Ball of Foot Cushions | 27 |
| 24 Hour Feet Ball of Foot Cushions | 27 |



INGROWING NAIL

Toe Protector 15 Toenail Nipper 31



FUNGAL INFECTIONS

Mycosan Fungal Nail Treatment Mycosan Athlete's Foot Treatment 33



COLD FEET

Lambswool Insoles 16



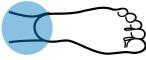
PRONATION / **FLAT FEET**

3-Zone Orthotics Heel & Arch Orthotics



FOOT ODOUR

18 18



DVT

20 Flight Socks Odour Insole 16

PAGE 10 info@profoot.co.uk 020 8492 1600 CORNS & CALLUSES CORNS & CALLUSES





CORN WRAPS

PAGE 12

Instant relief from painful corns

Soft Gel with moisturising mineral oil. Aids corn removal, while providing instant friction and pressure relief.

Key Features

- Relieves pressure and rubbing
- Washable and reusable
- Moisturising
- Stays in place

CORN WRAPS XL

Key Features

Wider wrap for bigger toes

Product Code: 31562 PIP Code: 298-2346



Product Code: 31563 PIP Code: 354-6496











CORN CUSHIONS

Instant relief from painful corns

Dual layer foam relieves pressure on corns.

Hypo-allergenic adhesive for sensitive

Key Features

- Relieves pressure and friction
- Super soft cushioning foam
- 12 cushions in each pack

MOISTURISING CORN PLASTERS

Instant pain relief

Helps to treat and prevent corns.

Hydrocolloid plasters focuses moisturisation, softening corns. Plasters act like a second skin, providing relief and protection.

CORN REMOVAL PLASTERS

Salicylic acid for fast corn removal

Foam ring provides instant pain relief. Targeted action.

- Protective foam ring to prevent friction
 - 35% salicylic acid
 - Easy to apply

Key Features

Product Code: 70681 PIP Code: 335-3794

Product Code: 70080 PIP Code: 398-4820

Key Features

Instant pain relief

8 plasters per pack

Waterproof

Product Code: 70077 PIP Code: 379-3841













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CALLUS CUSHIONS

Instant relief from painful calluses

Six dual foam ring pads per pack.

Hypo-allergenic adhesive for sensitive

CORN & CALLUS TRIMMER

Effective removal of corns and calluses

Easy and safe to use.

REPLACEMENT BLADES

For use with our Corn & Callus Trimmer

Key Features

- Relieves pressure and friction
- Super soft cushioning foam
- 6 cushions in each pack

Key Features

- Surgically sharp carbon steel blade
- Contains 1 trimmer and 3 blades
- Manufactured and designed in Germany

Key Features

- 10 blades per pack
- For use with the Corn & Callus Trimmer
- Manufactured in Germany

PIP Code: 335-3802



Product Code: 70044 PIP Code: 339-7734

Product Code: 70043

GEL TUBE

For corns, bunions and hammer toe

Relieves discomfort from overlapping, hammer, arthritic or sore toes.

Soft Gel with moisturising mineral oil.

Key Features

- Washable and reusable
- Cut to size
- Elastic sleeve to stretch over different toe sizes

TOE SEPARATORS

For corns, calluses and overlapping

Soft Gel Toe Separators are placed between toes preventing rubbing, providing pain relief caused by corns, calluses and other problems between the toes.

TOE PROTECTOR

For corns, hammer toes, overlapping toes and toe injuries

Cushions and protects, providing instant relief for painful toes.

Can be used for fingers as well.

Key Features

- 3 separators in 2 sizes ensures comfortable fit
- Instantly relieves sore spots between toes
- Washable and reusable
- Moisturises

Key Features

- Relieves pressure and friction
- Stretches to fit any size toe
- Works as a toe or finger cuticle

Product Code: 70711



PIP Code: 422-3681

Product Code: 70773 PIP Code: 335-3778



Product Code: 70025 PIP Code: 313-3683



Product Code: 31556 PIP Code: 298-2353











ALL-DAY COMFORT INSOLES

For foot discomfort, extra

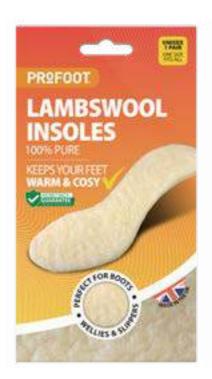
Lightweight latex insole.

Contains Ultrafresh antimicrobial

Absorbent perforated cover helps keep feet

cushioning or ill-fitting footwear

Anti-bacterial protection. Trim to fit.









Keeps feet warm and cosy. Improves comfort in shoes, wellington boots and slippers.

100% pure lambswool.

Can be cut to size

Extra warmth and comfort

Contains Ultrafresh antimicrobial

LAMBSWOOL INSOLES

ODOUR INSOLES

Destroys odour instantly

Destroys odour instantly

Scientifically proven to be up to 6x more

effective than other leading brands

Can be cut to size

Active charcoal layer instantly destroys odour and provides longer lasting protection with the added benefit of offering extra comfort.

Key Features

- Trim to fit

- Shock absorbing for all day comfort
- Ideal for everyday shoes and boots

DOUBLE CUSHION Extra thick cushioning for double the comfort

DOUBLE

CUSHION

For all types of boots and shoes. Often used in wellington and work boots.

Dual layer foam improves shoe fit and

Absorbent perforated cover helps

Contours to the foot

MEMORY FOAM INSOLES

Pillow like softness with every step

Luxuriously soft, they contour perfectly

to the feet, remoulding with every step.

PROFOOT SUPER SOFT

FOAM

MEMORY

Key Features

GEL INSOLES

support

Absorbs shock while providing

Designed with dual gel technology.

The soft gel provides extra shock

absorption, whilst the firmer gel

provides extra support.

- keep feet dry and cool
 - Can be cut to size

comfort

Key Features

Product Code: 70070 PIP Code: 366-4251

dry and cool Can be cut to size

2 pairs per pack.

Key Features



Product Code: 70071 PIP Code: 366-4539

Key Features





Product Code: 70075 PIP Code: 408-0701

Key Features







Product Code: 70076 PIP Code: 404-0051



Women's Product Code: 70034 PIP Code: 404-0044 Men's

Product Code: 70035 PIP Code: 404-0036



Product Code: 38020 PIP Code: 290-3540

Men's Product Code: 38021 PIP Code: 290-3532

Unisex Product Code: 70063 PIP Code: 313-1505

Made in UK

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3-ZONE ORTHOTICS

For pronation, foot, knee, back and heel pain and plantar fasciitis

Relieves knee, leg and back pain. Relieves burning sensation in the ball of the foot.

Key Features

- 3 cushioned areas for arch, heel and ball
- Shock absorption built-in
- Lightweight

Women's Product Code: 32021 PIP Code: 290-3516 Men's

Product Code: 32022 PIP Code: 290-3508

HEEL & ARCH PAIN RELIEF ORTHOTICS

For plantar fasciitis, knee and back pain and pronation

Moulded arch and heel support for: knee pain, shin splints, achilles injury pain and foot fatigue caused by weak arches.

Key Features

Product Code: 32011

PIP Code: 290-3565

Product Code: 32012

PIP Code: 290-3557

Men's

- Cushions and supports both arches under all types of foot impact
- Heel area designed to provide extra shock

Product Code: 31911 PIP Code: 290-3581 Men's



* British Journal of Sports Medicine 2008; 42; 750-752

HEEL PAIN GEL MAX CUSHIONS

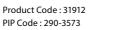
For heel spurs, plantar fasciitis, knee and back pain

Clinically proven to reduce pressure and absorb shock*.

Extra thick Poron centre for superior comfort.

Key Features

- Reduces pressure and absorbs shock
- Helps prevent hard skin build-up on heel
- 1 pair per pack





AND FROMOTES FAST HEALING STAYS IN PLACE RELIEF





EXTREME BLISTER PLASTERS

Instant relief from pain caused by blisters

BLISTER PLASTERS MEDIUM

Works like a second skin to create an optimal environment for healing. Protects damaged skin from moisture, dirt and bacteria.

Can be worn for days. Discreet plasters, can be worn while bathing and swimming. Stays stuck, great for sports.

BLISTER PLASTERS MIXED PACK

Reclosable box, perfect for traveling and keeping in sports bag.

Key Features

6 per pack

PIP Code

379-3825

Designed for heel blisters

STAYS IN PLACE

INSTANT

RELIEF*

Key Features

- Mixed pack with 3 different sizes included for all eventualities
- 6 per pack

Key Features

- Quilted design provides 20% extra cushioning
- For intense activity and extremely painful blisters

Product Code: 71619 Product Code: 71618 PIP Code:







Product Code: 71617 PIP Code: 428-0525



What are Hydrocolloid plasters?

Hydrocolloid plasters are made of two layers. The outer layer forms a backing which acts as a seal to keep the wound clean and free of infection-causing bacteria. The second layer, next to the skin, is a hydrocolloid that absorbs wound exudite. The plasters act as a second skin instantly removing pain caused by blisters, while creating an environment proven to promote fast healing. Hydrocolloids are often used in hospitals when treating wounds.





FLIGHT SOCKS SILKY SMOOTH

Reduces the risk of flight related DVT

Compression factor of 14-18mmHg. Made in Italy. ISO13485:2016

Clinically proven compression level.

Class 1 medical device.

Key Features

- 2 pairs per pack
- Washable and reusable

Natural, silky smooth style

Clinically proven compression level.

Reduces the risk of flight related

Compression factor of 14-19mmHg.

ISO13485:2016

Made in Italy.

Class 1 medical device.

UK Size 4-7 Product Code: 72002 PIP Code: 408-5130 UK Size 8-11 Product Code: 72003

PIP Code: 408-5148

Available in two sizes

Black, ribbed style

Washable and reusable

Key Features



Product Code: 72001 PIP Code: 408-5122









MULTI-USE GEL PADDING

Versatile Soft Gel padding to protect any area where the skin is threatened by pressure and rubbing

Cut to size and shape with a hypoallergenic adhesive backing that can be stuck to either the foot or shoe.

Key Features

- Takes up little space in footwear

Used by chiropodists worldwide

CHIROPODY FELT

Versatile felt padding protects any area where the skin is threatened by pressure and rubbing

Cut to size and shape with a hypoallergenic adhesive backing that can be stuck to either the foot or shoe.

CHIROPODY FELT XL

Versatile thicker felt padding protects any area where the skin is threatened by pressure and rubbing

Cut to size and shape with a hypoallergenic adhesive backing that can be stuck to either the foot or shoe.

- One 7x11cm sheet

Key Features

- 7x10cm sheet
- Used by chiropodists worldwide

Key Features

- 22.5cm x 10cm

Used by chiropodists worldwide

Product Code: 70018 PIP Code: 306-8780



Product Code: 70020 PIP Code: 325-6658



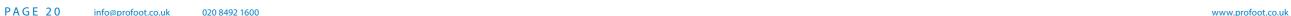
Product Code: 70021 PIP Code: 408-0800



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HEEL SNUGS

Extra padded heel grips make loose fitting shoes fit better

For discomfort caused by slipping and rubbing due to loose fitting shoes. Helps to prevent blisters.

TOE FOAM

Soft foam toe tubes for relieving pain caused by pressure and friction

Can be cut to size.

FINGER & TOE BANDAGE

Protects finger and toe injuries

4 metre roll of tubular bandage plus applicator.

Key Features

- Prevents rubbing at the heel
- 1 pair per pack
- Softer and thicker than other heel liners

Key Features

- 3 tubes 2 small, 1 large to ensure perfect fit
- Comfortable in all types of shoes

Key Features

- Easy to use applicator
- Cut to size
- Can be used for closed or open ended bandage

Product Code: 31075 PIP Code: 306-8756

Product Code: 70804 PIP Code: 367-4199



Product Code: 71625 PIP Code: 406-7112





MOLESKIN COMFORT PADDING

Slim padding providing instant relief from painful rubbing

For foot pain caused by friction.

Hypo-allergenic self-adhesive backing. Can be cut to shape and be stuck to either the shoe or foot.

Key Features

- Relieves friction
- 7cm x 40cm

Key Features

Simple to use

and tired feet.

MASSAGE BALL

tired feet

Raised nodules on ball for increased massaging effect

For plantar fasciitis, arch pain and

The massage ball increases circulation

caused by plantar fasciitis, heel spurs

and helps provide relief from pain

Product Code: 70834 PIP Code: 335-3828



Product Code: 71626 PIP Code: 422-0455





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TOE SPREADER

Helps align the big toe, reducing discomfort caused by a bunion

Soft Gel provides superior inter-digital cushioning and comfort.

BUNION PROTECTOR

Instant relief from painful bunions

A thin layer of Soft Gel on a fabric backing takes up little space in footwear while reducing friction, and redistributing pressure caused by the enlarged big toe joint.

BUNION GUARD

Bunion Cushion and Toe Spreader all in one

Cushions, protects and prevents rubbing pain and discomfort caused by bunions, whilst helping to relieve toejoint pressure.

Key Features

- Soothing mineral oil to soften hard skin and corns
- Last for weeks
- Washable and reusable

Key Features

- Gel conforms to shape of toe/foot
- Slim design stays in place in those shoes with little room for extra cushioning
- Washable and reusable

Key Features

- Helps relieve bunion and big toe pain
- Gently aligns toes
- Washable and reusable

Product Code: 31558 PIP Code: 298-2361



Product Code: 70001 PIP Code: 306-8798



Product Code: 70755 PIP Code: 409-5824



- Helps relieve toe-joint pressure



Elasticated sleeve with Soft Gel pad built in providing cushioned relief from painful bunions

PRºFOOT

INSTANT RELIEF

PREVENTS PAINFUL 4 RUBBING

Comfortable

GEL BUNION

Comfortable sleeve stays in place.

GEL BUNION SLEEVE

Key Features

Washable and reusable

GUARANTEE

Super-soft gel pad

cushions painful bunions

Fits left or right foot

Product Code: 70750



Product Code: 70745 PIP Code: 423-2542

low-cut shoes

Key Features







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BUNION CUSHIONS

Soft-cushioning dual foam rings that remove rubbing and pressure from bunions

Slim-fit design, for use with all shoes.

Hypo-allergenic adhesive

Contains 4 disposable cushions

Discreet appearance - can be worn with





Relief for hammer toe and toe curl

Soft Gel Toe Support gently helps lift and realign toes.

- Relieves pressure
- Toe loop keeps support in place

Key Features

- Washable and reusable

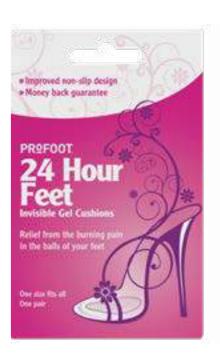


Product Code: 70099 PIP Code: 406-7104









Straps two adjacent toes or fingers together helping to stabilise them

Used for crooked, overlapping and hammer toes.

Ideal for strapping an injured or broken toes or fingers together.

Key Features

- One size fits all
- Two per pack

TOE STRAIGHTENER

Washable and reusable

Product Code: 70803

PIP Code: 335-3786

. Washable and reusable

TOE BEDS

Invisible advanced gel cushioning

Gel cushioned pad for ball of foot and

24 HOUR FEET

Invisible, discreet gel cushions

Reusable gel cushions for sore or fatigued feet caused by wearing uncomfortable shoes - especially high

Key Features

ball of foot

neuroma

Toe loop holds cushion in place

GEL BALL OF FOOT CUSHIONS

For metatarsalgia and morton's

A thin, but very effective Soft Gel pad

fabric providing pain relief under the

sandwiched between two layers of

One pair

Key Features

- Relieves pressure and friction
- Can reduce hard skin build up and prevent
- Non-slip design won't slip out of place

Key Features

- Gel cushioning for balls of feet
- Transferable between shoes
- Non-slip design won't slip out of place

Product Code: 70094 PIP Code: 320-7800



Product Code: 35055 PIP Code: 290-3524



Product Code: 70032 PIP Code: 313-1521





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HARD SKIN HARD SKIN



360 FOOT FILE

Gently removes calluses and hard, dry skin

The foot file has a soft interior that allows it to conform to the shape of the foot, while the course surface smooths skin with ease.

Key Features

- Can be used wet or dry
- Easy to use and comfortable to hold

Product Code: 70045 PIP Code: 358-7292 Product Code: 70047

PIP Code: 878-203







LONG HANDLE FILE

Easy reach double sided file

Easily removes hard skin and calluses. Designed to be used on both wet and dry skin, the wide head and comfortable handle allows for greater comfort and control.

For soft smooth feet

Gently removes calluses and hard, dry skin on feet.

HARD SKIN REMOVER

MICRO FILE

For rough callused feet

Stainless steel micro blade that easily removes hard skin and calluses.

No mess - filings are collected in the dual purpose cover.

Key Features

- Long handle ideal for those with limited flexibility
- Double sided
- Can be used wet or dry

Key Features

- Smooths rough, dry, hard skin
- Easy to use
- Can be used wet or dry

Key Features

- Stainless steel micro blade
- Complete with cover to protect file when
- not in use Can be used wet or dry

Product Code: 71622 PIP Code: 413-4037

Product Code: 70002 PIP Code: 419-3454

Product Code: 71624 PIP Code: 409-3936

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CRACKED HEEL AND SKIN CARE NAIL CARE



CRACKED HEEL CREAM

Visible results in 3 days

Contains 25% urea to help moisturise, soften and exfoliate dry skin.

Quickly absorbed, leaving skin feeling non-greasy.

Key Features

- Visible results in 3 days
- 25% urea



MOISTURISING FOOT SOCKS

At home pedicure treatment

Intensive repair for dry skin. Enriched with Vitamin E and Tea Tree, soothing, softening and deeply hydrating dry skin and cracked heels.

Key Features

- 1 complete treatment
- 20 minute treatment
- With vitamin E and Tea Tree

Product Code: 7065 PIP Code: 410-9294



CLIPPER



TOENAIL NIPPER

Cuts the toughest toenails easily

Spring action for ease of use, with precise sharp blades.

360 NAIL CLIPPER

Rotating head makes clipping toenails easier

Clippings are caught in the head of the clipper - mess free.

FOOT AND NAIL FILE

Professional quality nail file smooths hard skin and files tough, problem nails

The file is specially coated to improve abrasive quality and ensure the file is long lasting, even when used repeatedly on thick nails.

Key Features

- Clips ingrown toenails safely
- With protective end guard
- Robust stainless-steel construction

Key Features

- Comfortable to hold with easy grip handle
- For finger or toenails
- Hand luggage safe

Key Features

- Double sided metal file
- Packed with protective sleeve Durable

Product Code: 7062 PIP Code: 403-9889

Product Code: 1001 PIP Code: 347-1588

Product Code: 71620 PIP Code: 388-5027

Product Code: 71623 PIP Code: 398-4838

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FUNGAL NAIL ATHLETE'S FOOT

Mycosan Fungal Nail Treatment

Mycosan Fungal Nail Treatment stops the development of fungus responsible for fungal nail. It penetrates into the nail and stabilises its structure for a healthy regrowth. Mycosan forms a film on the nail, so as well as treating the condition, a barrier is formed to help protect healthy nails from becoming infected.

Rye ferment filtrate acts as a foundation layer for this film and provides optimum conditions for the natural repair of the nail structure. Mycosan may also prevent the infection from reoccurring.

Key Features

- Clinically proven to treat and prevent
- Simple and fast solution
- Easy brush on application

Who Can Use It?

- Adults and children aged 4 years and up
- It is suitable for use by diabetics

Product Code: 7060 PIP Code: 371-8988





Also available in a CDU including an empty brush tube explaining the features of the product.

After 12

After 4

PIP Code: 878-2558

MYCOSAN **FUNGAL NAIL** TREATMENT KIT RESULTS luding 10 hail files

Mycosan Athlete's Foot Treatment

Mycosan Athlete's Foot Treatment is a fast and hygienic treatment for athlete's foot, providing instant relief from itching. Designed for ease of use, it is equipped with a precision brush that ensures hygienic and targeted application, especially on hard-to-reach areas like between the toes, without the need to use the hands to touch the affected area.

In addition to offering instant itch relief, the product helps clear the symptoms of athlete's foot and works to restore the condition of the skin.

In vitro tests show 50% higher efficacy than competitors.

Kev Features

- Instant relief of itching caused by athlete's foot
- Kills 99.9% of fungi causing athlete's foot
- Easy to use precision brush

Who Can Use It?

- Adults and children aged 4 years and up
- It is suitable for use by diabetics

Product Code: 7061 PIP Code: 402-9229



MYCOSAN ATHLETE'S FOOT PRECISION BRUSH INSTANT RELIEF

About foot fungus

Consumers are not aware of the risks associated with foot fungus and available treatments

is infected with a fungal infection

27% of population gets infected with a fungal nail

24% with athlete's foot

Which are the two most common foot problems

25% gets re-infected

Fungal Nail & Athlete's Foot mostly caused by the same fungi!

They are very contagious: they don't resolve by themselves and need serious treatment to prevent worsening. There's a need to educate the consumer. People experience fungal infections on feet and nails as very unpleasant. Not only unflattering but they experience a lot of itching and pain

What triggers a fungal infection?

Factors contributing to an outbreak include:

- Age the risk of fungal nail increases with age • Swimmers' eczema
- Walking bare foot in public spaces like sauna, swimming pool or gym
- Sickness like diabetes mellitus and psoriasis

Duration of fungal nail 6 to 9 months

Fungal nail is a serious infection, requiring serious treatment which can take up 6 to 9 months. This is the time needed to grow out the affected part of the toenail. Consumers are being misled with products claims such as 'visible results within 48 hours'



We are seeing a large increase in drug resistant fungal infections

driving consumers to search out new novel treatments. Profoot's Mycosan Athlete's Foot and Fungal Nail range are non-traditional treatments.

CURRENT ISSUE WITH TRADITIONAL ANTI-FUNGAL TREATMENTS

20TH MAY 2023 ARTICLE PUBLISHED IN THE DAILY MAIL

ngest athlete's foot cream on chemist

with the strongest over-the-counter creams, London Hospitals NHS Foundation Trust. bug that causes the common skin infection.

This problem has been bubbling up over the due to the rise of drug-resistant strains of the One clinician said antifungal treatments are past five years and now we're at a point where now ineffective in about a third of all skin these hard-to-treat infections are becoming

has not had nearly enough attention, says Dr applications of terbinafine. This is the case in around

nonplace,' says Professor Darius Armstro James, an infectious disease expert at Imperial fungal skin infections and, frankly, the issue College London. Patients often need to use multiple

Athlete's foot can become 'untreatable' even and microbiology at University College Armstrong-James classes a 'significant' number keep their infections under control.



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020 8492 1600

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RETAIL DISPLAYS NOISE-X EARPLUGS





Counter Display Unit

9 Hooks

Dimensions: Height - 56cm Width - 27cm Depth - 18cm

Floor Display Unit

17 Hooks

Dimensions: Height - 154cm Width - 29cm Depth - 26cm



WAX EARPLUGS

SNR 20db

Product Code: 155

PIP Code: 304-2835

- 6 pairs per box
- Made of natural wax and cotton
- Wax softens when shaped, and moulds perfectly to fit the ear canal



SNR 24db

Product Code: 159

- 3 pairs per box
- The soft silicone moulds to the ear for a waterproof and airtight fit
- The earplugs adhere gently across the opening of the ear canal so there's no risk of them falling out



- SNR 26db
- 2 pairs per box
- The softest and smoothest earplug in the range using PU foam
- Creates minimal pressure in the ear canal, yet effectively reduces noise, making them ideal for use over long periods
- Ergonomic shape makes them easy to place in the ear

Product Code: 148 PIP Code: 304-2843







- 1 pair per box
- Specifically designed to keep water out of ears
- Manufactured from Soft Silicone
- Graduated thin flanges create an excellent and watertight fit
- Washable and reusable

All of our earplugs are **CE** marked and come with a hard travel case.



NOISE-X CDU WITH 18 PACKS

- 18 packs per display
- Eye catching design

Adult's

Product Code: 117 PIP Code: 304-2868 Child's

Product Code: 124 PIP Code: 304-2876 Product Code: 111DISPLAY PIP Code: 878-2040

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