



PROFOOT[®]

Feet have never felt so good

F O O T C A R E G U I D E

E X P O R T

7TH EDITION

INCLUDING
Noise^x
EARPLUGS

1933

Alec Freeman opens his first shoe shop in Bermondsey in London's Docklands

1953

Alec's son Lionel joins the business, eventually taking it over and expanding it to 3 shops

1992

Lewis joins the business and starts selling gel products across the globe

1969

Lionel's first of three sons Lewis, is born. Simon comes along in 1973 and then Elliot in 1976

1983

Lionel opens a specialist shoe shop in Chiltern St W1 specialising in handmade footwear

1991

Lionel introduces innovative gel products to the UK, designed to help with footcare problems

1995 Simon follows and works with his father and brother to build the business

1997 Lionel sells the shoe shops and concentrates on developing gel products

2000 The gel products business is sold to a large multinational. Lionel deservedly retires to spend more time fishing!

2002 Lewis, Simon and Elliot continue a family tradition of working together and start Profoot (UK) Ltd, creating an innovative range of footcare products that are distributed to pharmacies throughout the country

2005 Lionel's first grandchild is born – Simon becomes a father

2007 Profoot starts distributing its products to UK supermarkets

2008 Profoot moves its offices to larger premises and brings its warehousing in-house

2009 The brothers employ their first member of staff to help run the warehouse

2010 Profoot distributes to over 2000 pharmacies and the UK's 4 largest supermarket chains

2012 As the business grows, more staff join the growing team at the office and warehouse in Watford as well as an external sales force across the UK & Ireland

2014 Lionel's eighth grandchild is born, all 3 brothers have been very busy over the last 9 years!

2022 Profoot goes from strength to strength adding more products to the range, totalling 58 products

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Many foot problems are caused by friction and pressure from walking, standing and changes to the foot's shape. Therefore one of the key functions of a footcare device is to reduce friction and pressure. A lot of foot problems are related; especially if untreated, one problem can lead to another.



BLISTERS

A blister is a small pocket of fluid within the upper layers of the skin, typically caused by forceful rubbing (friction). Most blisters are filled with a clear fluid called serum.

However, blisters can be filled with blood (known as blood blisters) or with pus (if they become infected).



CALLUSES

A callus is a toughened area of skin which has thickened and hardened. It is the body's reaction to friction or pressure. Calluses are most commonly found under the metatarsal heads (ball of foot).

A callus is usually larger than a corn, does not have a central core; and may or may not be painful.



CORNS

A corn is a localised area of hyperkeratosis (thickening of the skin), which usually occurs over a bony prominence as a result of localised friction between the skin, the bone and footwear.

It has a visible, translucent central core which presses deeply into the skin, causing pain and sometimes inflammation.

Hard corns commonly occur on the top of the smaller toes or on the outer side of the little toe. These are the areas where poorly fitted shoes tend to rub most.

Soft corns or seed corns sometimes form in between the toes, most commonly between the fourth and fifth toes. These are softer because the sweat between the toes keeps them moist. Soft corns sometimes become infected.



FUNGAL NAIL

Onychomycosis is a fungal infection ("mycosis") of the nail ("onycho") that affects fingernails and toenails. The disease is mainly caused by dermatophytes such as *Trichophyton Rubrum* and *Trichophyton Mentagrophytes*, which together account for more than 93% of all infectious organisms involved in onychomycosis.

These organisms feed on keratin, one of the nail components. It is a very common foot complaint thought to affect up to 25% of the adult population at any one time.

Fungal nail infection is an unsightly condition causing embarrassment for sufferers. It is a condition that does not resolve by itself - treatment is necessary. Without treatment the infection can cause pain and will generally become worse (causing the nail to crumble), spread to other areas of the nail/foot, and infect other people. Patients with diabetes could develop complications.



INGROWING NAIL

An ingrowing nail grows so that it cuts into one or both sides of the nail bed. Ingrowing toenails are one of the most common foot problems. The condition can be very debilitating often resulting in people limiting their activity as they are in so much pain.

Ingrowing toenails are often caused by the incorrect trimming of nails, cutting nails too short or snipping down the sides, resulting in nails growing and piercing into the surrounding skin, causing soreness and swelling, and often infection.

Because more serious complications can develop, ingrowing nails often require prompt professional attention by a qualified podiatrist.



FOOT ODOUR

The main cause is sweating. Excessively sweaty feet is a complaint known as Hyperhidrosis. The foot has 250,000 sweat glands, therefore feet tend to perspire more than other parts of the body. Sweat itself is odourless, but it creates an environment for bacteria to grow and produce unpleasant odours. Odour is often created when sweating increases and shoes and socks have inadequate ventilation for many hours.



HAMMER TOE OR CLAW TOE DEFORMITY

A hammer toe occurs when the toes become bent at the first joint, raising the toe and making it more prominent. Often the raised toe will rub against the shoe. This can affect any number of the middle toes. In some cases, a bursa (rather like a deep blister) is formed over the joint and this can become inflamed (bursitis). With time, hard skin or corns can form over the joints or at the tip of the toe. These toe deformities can mean that extra stress is placed on the ball of your foot, which can lead to metatarsalgia.



BUNIONS (HALLUX VALGUS)

A bunion is a deformity of the base joint of the big toe or less commonly at the little toe joint, known as a Tailor's Bunion. There is often thickening of the skin and tissues next to the affected joint. The thickened skin and tissues may become inflamed, swollen and painful.

Sometimes a fluid filled sac (bursa) develops over the joint. Pressure from the first toe then affects the other toes, which become crowded, leading to deformity of the toes (Hammer Toe) and callus formation.

The condition is four times more common in females and the incidence increases with age. Extra stress is put on the ball of the foot because of the bunion and this can lead to metatarsalgia – pain under the heads of the metatarsal bones (the forefoot).



PLANTAR FASCIITIS

The plantar fascia is a fibrous band that stretches between the heel and the base of the toes.

It helps to maintain the structure and shape of the foot. This can often be the cause of severe heel pain. Plantar fasciitis causes small tears to appear at the heel, which can become inflamed and extremely painful.

Typically, pain is felt first thing in the morning after getting out of bed but recedes after around 30 minutes as the band is stretched and the swelling is reduced. Pain can also be felt under the arch of the foot after prolonged walking or standing.

Plantar fasciitis is more likely if you have:

- Suddenly become more active (you have begun an exercise programme, for example)
- Weight problems
- High arches
- Flat feet



HEEL SPUR – HEEL PAIN

A heel spur is a hook of bone that can form on the heel bone (calcaneus) and is associated with plantar fasciitis. The heel spur itself is not thought to be the primary cause of pain, rather inflammation and irritation of the plantar fascia is thought to be the primary problem. A heel spur diagnosis is made when an x-ray shows a hook of bone protruding from the bottom of the foot at the point where the plantar fascia is attached to the heel bone.



MORTON'S NEUROMA

This is sometimes called Morton's Metatarsalgia. It is a condition that affects one of the nerves that runs between the metatarsal bones in the foot (the plantar digital nerves). The nerves become irritated or compressed and the following symptoms could arise – pain, burning, numbness and tingling between two of the toes of the foot. Eventually this could lead to cramp in the toes and a sharp shooting or burning pain on the ball of your foot.

The pain could be made worse when footwear presses on the affected area when you are walking.



METATARSALGIA – BALL OF FOOT PAIN

Metatarsalgia is the name given to pain in the front part of your foot under the heads of your metatarsal bones (the ball of your foot). This discomfort sometimes feels like you are walking on stones, sometimes it can be a vague pain or a burning feeling, or it can be more localised around one or two toes.

This condition can be caused by wearing high-heeled shoes, being overweight, certain foot shapes, or by claw or hammer toes.

PRONATION OR FLAT FEET

Most people's feet are arched on the inner side; the height of this arch (which develops between the ages of 3 and 10) varies from one person to another. If you have a low arch or no arch, it is often called flat feet or fallen arches where the foot may over-pronate.

Normal pronation, or "rolling inward" of the foot, is necessary as the foot adapts to the ground. With excessive pronation or over pronation, the arch flattens and collapses, and soft tissues stretch.

This causes the joint's surfaces to function at unnatural angles to each other. When this happens, joints that should be stable, now become very loose and flexible.

Symptoms of Excess Pronation

Symptoms can manifest in many different ways. The associated conditions depend on the individual lifestyle of each patient. Here is a list of some of the conditions associated with excess pronation:

- Arch pain
- Hallux valgus (bunions)
- Hallux rigidus (stiff first toe)
- Metatarsalgia (ball of foot pain)
- Heel pain (plantar fasciitis)
- Ankle sprains - pain.
- Achilles tendonitis
- Corns & calluses
- Hammer toes
- Shin splints
- Knee pain



CRACKED HEEL

Cracked heel, also known as heel fissures, is a common problem caused by dryness of the skin, and an accumulation of dead skin. Over time it may cause pain and irritation.

For many people, cracked heels are a nuisance and are unsightly, but when the cracks are deep, skin can bleed and can be extremely painful. In severe cases, cracked heels can become infected.

MONEY BACK GUARANTEE

We use one of the most powerful marketing tools in the sale of many of our products – removing the buying risk from customers by offering a **Money Back Guarantee**. This allows them to try the product and know that if it is not suitable, we will refund the full retail price to them – no questions asked.

We are proud to say that less than .007% (7 in 100,000) of our products are returned.

What's more, this guarantee does not involve the retailer at all, apart from helping to increase sales.

External friction, pressure and shearing forces are the cause of many foot problems. Our Soft Gel has all the properties needed to relieve or to reduce these causes, providing relief from pain for many of your customers' foot complaints.

Soft Gel is a tri block polymer gel made with pure medical grade mineral oil. The gel is used in many areas of medicine including footcare, prosthetics, scar and burn management and pressure sore prevention. It has the following benefits:

1. **Friction Reduction –**
As the gel's opposing surfaces move separately from each other, friction is dramatically reduced.
2. **Pressure Relief –**
The gel has the ability to redistribute downward pressure sideways, providing excellent pressure relief to the body.
3. **Moisturising –**
The gel contains a pure medical grade mineral oil – helping to keep the skin soft and supple, reducing hard callused skin and helping to prevent calluses forming.
4. **Adaptable –**
As our gel conforms to whatever shape or surface contour it comes into contact with, it has excellent cushioning properties.
5. **Value –**
The gel is washable and reusable; while retaining all of its benefits, the products last far longer than traditional padding material, offering value for money.
6. **Variable Size –**
Many of the products are elasticated and one size often fits all; most products can be trimmed to size.
7. **Used By Professionals –**
These products are used by Chiropodists and Podiatrists worldwide.





BUNIONS

Gel Tube	15
Chiropody Felt	21
Chiropody Felt XL	21
Multi-use Gel Padding	21
Toe Foam	22
Moleskin Comfort Padding	23
Toe Spreader	24
Bunion Guard	24
Bunion Protector	24
Bunion Pads	25
Gel Bunion Sleeve	25
Bunion Cushions	25



CORNS

Corn Wraps	12
Corn Wraps XL	12
Corn Removal Plasters	13
Corn Cushions	13
Moisturising Corn Plasters	13
Corn & Callus Trimmer	14
Replacement Blades	14
Gel Tube	15
Toe Separators	15
Toe Protector	15
Multi-use Gel Padding	21
Toe Foam	22



BLISTERS

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Chiropody Felt XL	21
Multi-Use Gel Padding	21
Heel Snugs	22
Moleskin Comfort Padding	23
Blister Plasters	28
Blister Plasters Mixed Pack	28



HAMMER TOES

Gel Tube	15
Toe Protector	15
Toe Foam	22
Toe Support	26



OVERLAPPING TOES

Toe Protector	15
Toe Separators	15
Toe Spreader	24
Toe Straightener	26



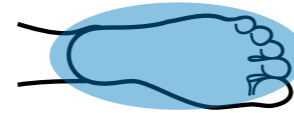
TOUGH NAIL

360 Nail Clipper	32
Foot and Nail File	32
Toenail Nipper	32



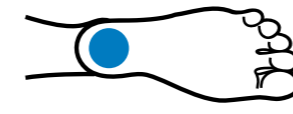
INGROWING NAIL

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Callus Cushions	14
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Toe Separators	15
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Multi-use Gel Padding	21
Toe Foam	22
Moleskin Comfort Padding	23
360 Foot File	29
Micro File	30
Moisturising Foot Socks	30
Long Handle File	31
Hard Skin Remover	31
Cracked Heel Cream	31



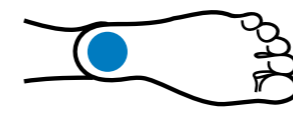
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Memoreze	16
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Double Cushion Insoles	17
Gel Max	18
Triad	18
Super Sport	18
Massage Ball	19
Multi-use Gel Padding	21
Heel Snugs	22
Moleskin Comfort Padding	23



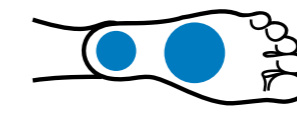
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HEEL SPUR / HEEL PAIN

Gel Insoles	17
Gel Max	18
Triad	18
Super Sport	18



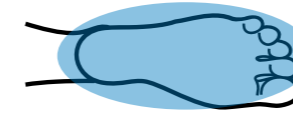
PLANTAR FASCIITIS

Gel Insoles	17
Gel Max	18
Triad	18
Super Sport	18
Massage Ball	19



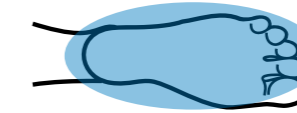
MORTON'S NEUROMA

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24 Hour Feet	27



PRONATION / FLAT FEET

Memoreze	16
Triad	18
Super Sport	18



FOOT ODOUR

Odour Insole	20
Solefresh Full Length	20



CORN WRAPS

Ideal for Corns

Soft Gel with soothing mineral oil to relieve pain caused by corns.

Key Features

- Relieves pressure and rubbing
- Washable and reusable

PIP Code: 298-2346



CORN WRAPS XL

Ideal for Corns

- Ideal for larger digits

PIP Code: 354-6496



CORN CUSHIONS

Ideal for Corns

Provides instant relief from pain caused by corns.

Key Features

- Relieves pressure and friction
- Super soft cushioning foam
- Hypo-allergenic adhesive for sensitive skin

PIP Code: 335-3794



MOISTURISING CORN PLASTERS

Ideal for Corns

Helps to treat and prevent corns.

Key Features

- Instant pain relief
- 8 plasters per pack
- Waterproof

PIP Code: 398-4820



CORN REMOVAL PLASTERS

Ideal for Corns

To relieve pain caused by corns and calluses. Contains salicylic acid, which aids corn removal.

Key Features

- Protective foam ring to prevent friction
- Easy to apply

PIP Code: 379-3841



CALLUS CUSHIONS

Ideal for Calluses
Provides instant relief from pain caused by calluses.

- Key Features**
- Relieves pressure and friction
 - Super soft cushioning foam
 - Hypo-allergenic adhesive for sensitive skin

PIP Code: 335-3802



CORN & CALLUS TRIMMER

Ideal for Corns and Calluses
For the effective removal of Corns and Calluses.

- Key Features**
- Easy and safe to use
 - Surgically sharp carbon steel blade
 - Contains 1 trimmer and 3 blades

PIP Code: 339-7734



REPLACEMENT BLADES

Ideal for Corns and Calluses
For the effective removal of Corns and Calluses.

- Key Features**
- 10 blades per pack
 - For use with the Corn & Callus Trimmer

PIP Code: 422-3681



GEL TUBE

Ideal for Corns, Bunions and Hammer Toe
Soft Gel tube to relieve discomfort caused by overlapping, hammer, arthritic or sore toes.

- Key Features**
- Relieves pressure and friction
 - Can be cut to size
 - Elastic sleeve to stretch over different toe sizes

PIP Code: 335-3778



TOE SEPARATORS

Ideal for Corns, Calluses and Overlapping Toes
Soft Gel to relieve pain and discomfort caused by corns and calluses and other problems between toes.

- Key Features**
- 3 separators in 2 sizes ensures comfortable fit
 - Instantly relieves sore spots between toes

PIP Code: 313-3683



TOE PROTECTOR

Ideal for Corns, Hammer Toes and Overlapping Toes
Soft Gel to relieve pain caused by corns, toe tips and hammer toe (toe curl).

- Key Features**
- Relieves pressure and friction
 - Stretches to fit any size toe
 - Works as a toe or finger cuticle moisturiser

PIP Code: 298-2353



ALL-DAY COMFORT INSOLES

Ideal for Foot Discomfort

Offers extra cushioning with anti-bacterial protection. For sore or fatigued feet sometimes caused by ill-fitting shoes.

Key Features

- Lightweight latex insole.
- Contains Ultrafresh antimicrobial
- Absorbent perforated cover helps keep feet dry and cool

PIP Code: 366-4251



LAMBSWOOL INSOLES

Ideal for Cold Feet and Foot Discomfort

Keeps feet warm and cosy. Improves comfort in shoes, wellies and slippers.

Key Features

- Extra warmth and comfort
- Contains Ultrafresh antimicrobial
- Can be cut to size

PIP Code: 366-4539



MEMOREZE

Ideal for Foot Discomfort

Within 1 hour of wear, Memoreze begin to mould perfectly to the unique contours of your feet.

Key Features

- Ultra-lightweight and cushioned for comfort and protection
- Can be trimmed to fit

PIP Code (Women's): 313-3691
PIP Code (Men's): 313-3709



MEMORY FOAM INSOLES

Ideal for Foot Discomfort

Luxuriously soft, they contour perfectly to the feet, remoulding with every step.

Key Features

- Pillow like softness with every step
- Contours to the foot
- Trim to fit

PIP Code: 404-0051



GEL INSOLES

Ideal for Foot Discomfort

Designed with dual gel technology. The soft gel provides extra shock absorption, whilst the firmer gel provides extra support.

Key Features

- Shock absorbing for all day comfort
- Ideal for everyday shoes and boots
- Trim to fit

PIP Code (Women's): 404-0044
PIP Code (Men's): 404-0036



DOUBLE CUSHION

Ideal for Foot Discomfort

Double the cushioning, double the comfort. Ideal for use in boots, shoes and wellies.

Key Features

- Dual layer improves shoe fit and comfort
- Absorbent perforated cover helps keep feet dry and cool
- Can be cut to size

PIP Code (Women's): 290-3540
PIP Code (Men's): 290-3532





TRIAD

Ideal for Pronation, Foot, Knee, Back and Heel Pain and Plantar Fasciitis

Relieves knee, leg and back pain. Relieves burning sensation in the ball of the foot.

Key Features

- 3 added areas of cushioning for arch, heel and ball of foot
- Shock absorption built-in
- Lightweight

PIP Code (Women's): 290-3516
PIP Code (Men's): 290-3508



SUPER SPORT

Ideal for Plantar Fasciitis, Knee and Back Pain and Pronation

Moulded arch and heel support for: knee pain, shin splints, achilles injury pain and foot fatigue caused by weak arches.

Key Features

- Cushions and supports both arches under all types of foot impact
- Advanced gel design built-in for shock absorption

PIP Code (Women's): 290-3565
PIP Code (Men's): 290-3557



GEL MAX

Ideal for Heel Spur, Plantar Fasciitis, Knee and Back Pain

Anti-fatigue heel cushion or relieving heel, knee and lower back pain caused by foot impact.

Key Features

- Clinically proven to reduce pressure and absorb shock*
- Extra thick Poron centre for superior comfort
- Helps prevent hard skin build-up on heel

PIP Code (Women's): 290-3581
PIP Code (Men's): 290-3573

* British Journal of Sports Medicine 2008; 42; 750-752



MASSAGE BALL

Ideal for Plantar Fasciitis, Arch Pain and Tired Feet

The massage ball increases circulation and helps provide relief from pain caused by plantar fasciitis, heel spurs and tired feet.

Key Features

- Relieves plantar fasciitis
- Reduces heel and arch pain
- Ideal for tired feet

PIP Code: 422-0455



SOLEFRESH FULL LENGTH

Ideal for Controlling Odour
Keeps shoes and feet smelling fresh.

MULTI-USE GEL PADDING

Ideal for Blisters, Bunions, Corns, Calluses and Foot Discomfort
Made with Soft Gel to protect any area where the skin is threatened by pressure and friction.

CHIROPODY FELT

Ideal for Bunions, Blisters, Calluses and Foot Discomfort
Self-adhesive padding for foot pain due to pressure and friction. Adhesive backing can be stuck to shoe or foot.

CHIROPODY FELT XL

Ideal for Bunions, Blisters, Calluses and Foot Discomfort
Self-adhesive padding for foot pain due to pressure and friction. Adhesive backing can be stuck to shoe or foot.

ODOUR INSOLES

Ideal for Controlling Odour

Active charcoal layer instantly destroys odour and provides longer lasting protection with the added benefit of offering extra comfort.

Key Features

- Destroys odour instantly
- Can be cut to size
- Scientifically proven to be up to 6x more effective than other leading brands

Key Features

- Absorbs perspiration
- Lightly fragranced
- Full length for most shoes
- Trim to fit

Key Features

- Relieves pressure and rubbing
- Can be cut to any shape
- Self-adhesive backing

Key Features

- Relieves pressure and friction
- Thick, cushioned felt for comfort
- Hypo-allergenic adhesive for sensitive skin

Key Features

- Relieves pressure and friction
- Thick, cushioned felt for comfort
- Hypo-allergenic adhesive for sensitive skin
- 22.5cm x 10cm x 5mm thick



PIP Code: 400-0701

PIP Code: 399-3797

PIP Code: 306-8780

PIP Code: 325-6658

PIP Code: 408-0800



HEEL SNUGS

Ideal for Blisters and Foot Discomfort

Extra padded heel grips for discomfort caused by slipping and rubbing due to loose fitting shoes. Helps to prevent blisters.

Key Features

- Prevents rubbing at the heel
- Makes loose fitting shoes fit better
- Softer and thicker than other heel liners

PIP Code: 306-8756



TOE FOAM

Ideal for Bunions, Corns, Foot Discomfort and Hammer Toe

Soft foam toe tubes for relieving pain caused by pressure and friction.

Key Features

- 3 tubes - 2 small, 1 large to ensure perfect fit
- Can be cut to size
- Comfortable in all types of shoes

PIP Code: 367-4199



FINGER & TOE BANDAGE

Ideal for Protecting Finger and Toe Injuries

4 metre roll of tubular bandage plus applicator.

Key Features

- Easy to use applicator
- Cut to size
- Can be used for closed or open ended bandage

PIP Code: 406-7112



MOLESKIN COMFORT PADDING

Ideal for Blisters, Bunions, Calluses and Foot Discomfort

Comfort padding for foot pain caused by friction. Adhesive backing can be stuck to shoe or foot. 7cm x 40cm.

Key Features

- Relieves friction
- Slim padding for shoes or feet
- Hypo-allergenic adhesive for sensitive skin

PIP Code: 335-3828



TOE SPREADER

Ideal for Bunions and Overlapping Toes
Instant relief from pain and discomfort caused by bunions and toe-joint pressure.

- Key Features**
- Helps align toes and reduce bunion pain
 - Provides superior cushioning
 - Washable and reusable

PIP Code: 298-2361



BUNION PROTECTOR

Ideal for Bunions
Cushions, protects and prevents rubbing pain and discomfort caused by bunions.

- Key Features**
- Soft Gel relieves pressure and friction
 - Gel conforms to shape of toe/foot
 - Slim design stays in place

PIP Code: 306-8798



BUNION GUARD

Ideal for Bunions
Cushions, protects and prevents rubbing pain and discomfort caused by bunions, whilst helping to relieve toe-joint pressure.

- Key Features**
- Helps relieve bunion and big toe pain
 - Helps relieve toe-joint pressure
 - Gently aligns toes

PIP Code: 409-5824



BUNION PADS

Ideal for Bunions
Instant relief from pain and discomfort caused by bunions.

- Key Features**
- Hypo-allergenic adhesive
 - Contains 3 disposable pads
 - Discreet appearance - can be worn with low-cut shoes

PIP Code: 335-3802



GEL BUNION SLEEVE

Ideal for Bunions
Instant relief from shoe pressure. Super-soft gel pad cushions painful bunions.

- Key Features**
- Washable
 - Comfortable sleeve stays in place
 - Fits left or right foot

PIP Code: 377-3371



BUNION CUSHIONS

Ideal for Bunions
Instant relief from pain and discomfort caused by bunions.

- Key Features**
- Hypo-allergenic adhesive
 - Contains 4 disposable cushions
 - Discreet appearance - can be worn with low-cut shoes



TOE SUPPORT

Ideal for Hammer Toe and Toe Curl

Soft Gel with soothing mineral oil to relieve pain and discomfort caused by Hammer or Claw Toes.

Key Features

- Lifts and realigns toes
- Relieves pressure
- Toe loop keeps support in place

PIP Code: 320-7800



TOE STRAIGHTENER

Ideal for Crooked, Overlapping or Hammer Toes

Two supports which gently help stabilise crooked toes for all day comfort.

Key Features

- One size fits all
- Two per pack
- Washable

PIP Code: 406-7104



GEL BALL OF FOOT CUSHIONS

Ideal for Metatarsalgia and Morton's Neuroma

Super-cushioning Soft Gel for Metatarsalgia pain under ball of foot - commonly a burning sensation.

Key Features

- Instant pain relief
- Soft Gel sandwiched between two layers of soft fabric for extra comfort next skin
- Washable and reusable

PIP Code: 335-3786



TOE BEDS

Ideal for Metatarsalgia and Morton's Neuroma

Invisible advanced gel cushioning for Metatarsalgia pain under ball of foot - commonly a burning sensation.

Key Features

- Relieves pressure and friction
- Can reduce hard skin build up and prevent corns
- Non-slip design - won't slip out of place

PIP Code: 290-3524



24 HOUR FEET

Ideal for Metatarsalgia and Morton's Neuroma

Reusable gel cushions for sore or fatigued feet caused by wearing uncomfortable shoes - especially high heels.

Key Features

- Gel cushioning for balls of feet
- Transferable between shoes
- Non-slip design - won't slip out of place

PIP Code: 313-1521



NEW
PLASTIC FREE
PACKAGING
 Reclosable pack
 keeps plasters
 safe



BLISTER PLASTERS

Ideal for Blisters

Instant relief from pain caused by blisters. Works like a second skin to create an optimal environment for healing.

Key Features

- Prevents painful rubbing
- Protects damaged skin from moisture, dirt and bacteria
- Stays stuck - great for sport

PIP Code: 379-3825

BLISTER PLASTERS MIXED PACK

Key Features

- Mixed pack with 3 different sizes included

PIP Code: 396-7098



360 FOOT FILE

Ideal for Calluses

Gently removes calluses and hard, dry skin on feet. Available in three colours.

Key Features

- Flexible design which conforms to the shape of the foot
- Can be used wet or dry
- Easy to use and comfortable to hold

PIP Code: 358-7292 (Black)
 PIP Code: 878-2023 (Pink)
 PIP Code: 878-2323 (Gold)



MICRO FILE

Ideal for Rough Callused Feet

Stainless steel micro blade that easily removes hard skin and calluses.

Key Features

- Stainless steel micro blade
- Dual purpose cover
- Can be used wet or dry

PIP Code: 409-3936



MOISTURISING FOOT SOCKS

Ideal for Pampering and Moisturising Dry Skin

Enriched with Vitamin E and Tea Tree to help soothe, soften and deeply hydrate dry, cracked skin and heels.

Key Features

- 1 complete treatment
- 20 minute treatment
- With vitamin E and Tea Tree

PIP Code: 410-9294



LONG HANDLE FILE

Ideal for Hard Skin

Easily removes hard skin and calluses. Designed to be used on both wet and dry skin, the wide head and comfortable handle allows for greater comfort and control.

Key Features

- Easy reach long handle
- Double sided
- Can be used wet or dry

PIP Code: 413-4037



HARD SKIN REMOVER

Ideal for Hard Skin

Gently removes calluses and hard, dry skin on feet.

Key Features

- Smooths rough, dry, hard skin
- Easy to use
- Can be used wet or dry

PIP Code: 419-3454



CRACKED HEEL CREAM

Ideal for Cracked Heels

Specially formulated to give visible results in 3 days and improve the appearance of cracked heels. Contains 25% urea to help moisturise, soften and exfoliate dry skin.

Key Features

- Visible results in 3 days
- 25% urea
- 60ml

PIP Code: 403-9889



TOENAIL NIPPER

Ideal for Ingrowing Nails

To cut ingrowing or tough toenails.

Key Features

- Spring action for ease of use
- Precise, sharp blades
- Robust stainless-steel construction

PIP Code: 347-1588



360 NAIL CLIPPER

Ideal for Easy Nail Clipping

Swivelling head makes trimming nails easy.

Key Features

- Rotating head
- Clippings are caught - mess free
- Hand luggage safe

PIP Code: 388-5027



FOOT AND NAIL FILE

Ideal for Calluses and Nails

Professional quality nail file that smooths hard skin and files tough, problem nails.

Key Features

- Professional quality
- Packed with protective sleeve
- Durable

PIP Code: 398-4838



BARREL EARPLUGS

- CE Marked
- SNR 24db
- Made in the EU
- 2 pairs per box
- Based on the classic design
- Soft, safe, PVC foam
- Hard travel case included
- Expands slowly, creating an effective block against external sounds

PIP Code: 304-2850

BULLET EARPLUGS

- CE Marked
- SNR 26db
- Made in the EU
- 2 pairs per box
- The softest and smoothest earplug in the range using PU foam
- It creates very little pressure in the ear canal, yet effectively reduces noise, making them ideal for use over long periods
- Hard travel case included
- Ergonomic shape makes them easy to place in the ear

PIP Code: 304-2843

WAX EARPLUGS

- CE Marked
- SNR 20db
- Made in the EU
- 6 pairs per box
- Made of natural wax and cotton
- Wax softens when shaped, and moulds perfectly to fit the ear canal
- Hard travel case included

PIP Code: 304-2835



SILICONE EARPLUGS

- CE Marked
- SNR 24db
- Made in the EU
- 3 pairs per box
- The soft silicone moulds to the ear for a waterproof and airtight fit
- The earplugs adhere gently across the opening of the ear canal so there's no risk of them falling out
- Hard travel case included

PIP Code: 334-0163

SWIMMER'S EARPLUGS

- CE Marked
- Made in the EU
- 1 pair per box
- Specifically designed to keep water out of ears
- Manufactured from Soft Silicone
- Graduated thin flanges create an excellent and watertight fit
- Hard travel case included
- Washable and reusable

PIP Code (Adult's): 304-2868
PIP Code (Child's): 304-2876

NOISE-X CDU WITH 18 PACKS

- 18 packs per display
- CE Marked
- Made in the EU
- Eye catching design

PIP Code: 878-2040

PROFOOT

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